

# Hope & Healing

## Social Work and Counselling

Helping people who help people...

### Services Available

**Gabbey offers the following services to support people working in helping professions and their organisations:**

- Individual supervision
- Small group supervision
- Tailored training/workshops for organisations, staff, community groups.
- Tailored training for support teams of NDIS participants.

Individual supervision can be provided in person at the Hope and Healing office in Nambour. Please check the website for current operating hours and the office address.

Individual and group supervision can also be provided online to individuals and organisations Australia wide.

Group supervision, tailored training, workshops or training for NDIS staff can be provided in house or at a venue of your choosing.

### Clinical External Supervision

Clinical external supervision offers practitioners, and anyone working in a helping profession, a safe and supportive space, outside of their workplace, to reflect on their practice and to engage in tailored learning which will further enhance their skills for practice, knowledge and experience. Supervision offers workers, and the organisations that they work for, an extra layer of support to help them navigate the complexities that come with working in health and human services industries.





## Who is Gabbey?

Gabbey is an Accredited Mental Health Social Worker who has worked in the human services sector on the Sunshine Coast since 2006. Since 2018 she has been running her own private practice, Hope and Healing Social Work and Counseling. In addition to this, she has worked in many fields of practice including: families, youth, homelessness, domestic violence, mental health, NDIS and more.

She has special interests and expertise in areas of suicide prevention; grief, loss and bereavement; complex mental health presentations; case management; working from a recovery oriented framework; and working with peer/lived experience workers. Gabbey utilises a range of knowledges, theories and skills to inform her practice, and she has a commitment to lifelong learning to further enhance her own practice and the support she provides to others.

Gabbey prides herself on being genuine, kind, caring, compassionate and supportive. She understands the challenges that come with providing front line work to vulnerable populations on the Sunshine Coast and is passionate about supporting other practitioners who are working in this space.

When looking for a supervisor, Gabbey believes is important to find someone you feel supported by, who you feel safe to talk to openly and honestly, and who has specific skills and knowledge in your area of practice. To see whether Gabbey might be suitable for your supervision or organisational needs, contact her via the details below to discuss further.

### CONTACT DETAILS:

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*Accredited Mental Health Social Worker*

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